

# Glowing Stars

## The Science Behind the Experiment - A Guide for Adults

Most glow-in-the-dark products contain phosphors. Phosphors radiate visible light once they have been charged/energised. Once the phosphors have been exposed to bright light, they slowly release stored energy and emit small amounts of light, which makes the object glow.

## Science Experiment

### Glowing Stars

What can you see in the box?

What happens to the stars when it is dark?

How can you make the stars glow more brightly?