



Spelling, Punctuation and Grammar

Headings and Sub-Headings

Headings and Sub-Headings



Headings and Sub-Headings

Introductory Activity

Independent Focused Activity

Review Activity

Consolidation Activity

Assessment



Aim

- I know what headings and sub-headings are for.

Success Criteria

- I can explain what headings and sub-headings are for.
- I can use headings to make information easier to find.
- I can find headings and sub-headings in my own books.
- I can write using my own headings and sub-headings.

Introductory Activity



Sub-Headings



What are headings?

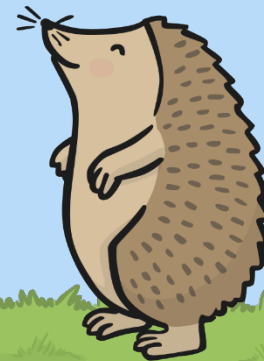
Headings are used to show what a page will tell us about.

What are sub-headings?

Sub-headings are used to show what a paragraph will tell us about.

The **heading** is the main title of a text.

A **sub-heading** is a heading for a paragraph or a group of paragraphs in a text.



Sub-Headings

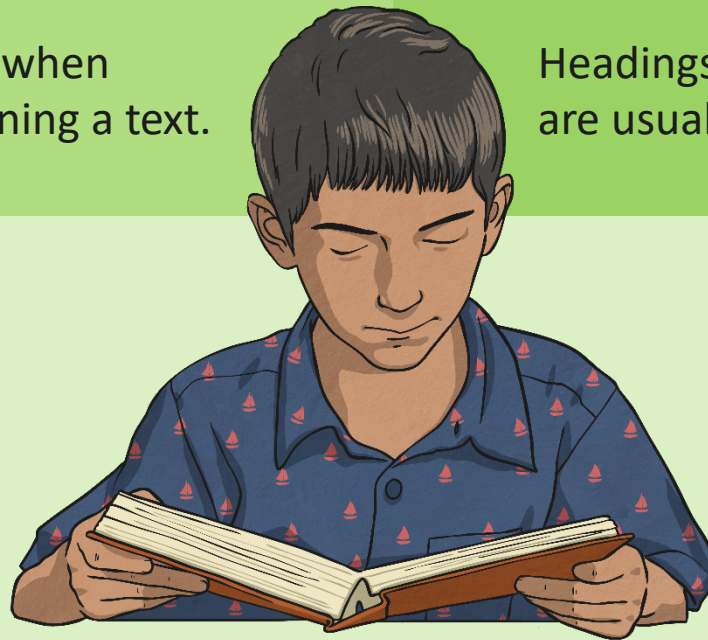


They are helpful because they help the reader to find the information they need, quickly.

They do not need to be read from beginning to end.

They can be read when skimming or scanning a text.

Headings and sub-headings are usually capitalised.



Sub-Headings



Match the sub-headings to the correct paragraph using the Sub-Headings Activity Sheet.

Sub-Headings

I know what headings and sub-headings are for.



With your partner, match the sub-headings to the correct paragraphs.

Extreme sports are sports that seem especially dangerous. Sometimes they are called action sports or adventure sports. There are lots of different types of extreme sports. These are mostly practised by young people, never played in schools and often do not need a team. Examples include BMX riding, extreme ironing, mountain biking, skydiving and rock climbing.

This is a form of diving that used to be called 'breath hold diving'. It relies on divers being able to hold their breath underwater, rather than using breathing equipment. Competitors try to hold their breath for great distances, times and depths in order to win a competition. Although it is considered a sport today, in the past it was developed for harvesting food, sponges and sunken items from below the waters.

This was developed as transport down the icy parts of a North American river. Now, in teams, athletes push their canoe across ice and row in freezing waters.

This is a sport that uses stilts loaded with springs. Athletes run and jump whilst wearing the stilts, to show displays of daring jumping or movements that look like dances. Powerbockers need to put very little pressure on their stilts to jump to enormous heights. The sport is named after its inventor, Alexander Böck, from Germany.

Ice Canoeing



Extreme Sports



Powerbocking



Free Diving



Sub-Headings



Answers...



Extreme Sports

Extreme sports are sports that seem especially dangerous. Sometimes they are called action sports or adventure sports. There are lots of different types of extreme sports. These are mostly practised by young people, never played in schools and often do not need a team. Examples include BMX riding, extreme ironing, mountain biking, skydiving and rock climbing.



Free Diving

This is a form of diving that used to be called 'breath hold diving'. It relies on divers being able to hold their breath underwater, rather than using breathing equipment. Competitors try to hold their breath for great distances, times and depths in order to win a competition. Although it is considered a sport today, in the past it was developed for harvesting food, sponges and sunken items from below the waters.

Sub-Headings



Answers...



Ice Canoeing

This was developed as transport down the icy parts of a North American river. Now, in teams, athletes push their canoe across ice and row in freezing waters.



Powerbocking

This is a sport that uses stilts loaded with springs. Athletes run and jump whilst wearing the stilts, to show displays of daring jumping or movements that look like dances. Powerbockers need to put very little pressure on their stilts to jump to enormous heights. The sport is named after its inventor, Alexander Böck, from Germany.

Sub-Headings



The heading tells the reader what the text is about.

The introduction introduces the main ideas of the text.



These sub-headings help the reader to find the information quickly.

All about...

Hedgehogs



Hedgehogs are a largely nocturnal species, as they are unlikely to come out during the day. In the daytime, they spend a considerable amount of time sleeping in rocks, grounds, or under bushes.



Fascinating Facts

The hedgehog got its name because it roots through hedges searching for food (hedge), while grunting like a pig (hog); this is why it's called a hedgehog!

They have about 5,000 spines. Each spine lasts about a year before it drops out and a replacement grows.

Where Do They Live?

Hedgehogs can be found in almost all areas of the UK, except some of the Scottish islands. They tend to be scarce in wetland areas, pine forests and the highlands, where food and nesting sites are harder to find. Hedgehogs prefer moist habitats and live either on the ground or under the ground. They make habitats in farmlands, gardens, or even in parks. They live in nests under hedges or where ground-dwelling insects and other invertebrates are in large quantity.

Favourite Foods

The hedgehog has a reputation as being the 'gardener's friend' as it loves eating so many 'pests'. Some of their favourite foods are small creatures such as insects, worms, centipedes, snails, mice, frogs and snakes.

Staying Safe

Hedgehogs have sharp spikes on their back, and when they are scared they curl up into a ball. Hedgehogs often roll up into a tight ball to protect themselves. As they feel threatened, they make their muscles active, which causes their spines to straighten. It is the only mammal native to Britain that has spines.

twinkl

www.twinkl.co.uk

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Independent Focused Activity



Sport Information



You need to complete an information page about sports and games. In this task you will need to choose your own headings for each of the sections on the sheet. This one has been done for you. . .

Sport-tastic!

Riotous Rugby

For as long as I can remember, my mum has been taking me to play rugby (just tag rugby), at our local sports club. I have made loads of friends there and I play in the wing.

The 2014 World Cup

When the World Cup was on, I loved watching my favourite team, Scotland, play. I support Scotland because I was born there. I felt proud when the players walked out onto the pitch for their first match.



Review Activity

The Book Detective



You are the...



Book Detective!

As the Book Detective, you need to pick up a book and find a heading or sub-heading.

Write the heading or sub-heading on your whiteboard.

Read the text underneath the heading or sub-heading.

Close the book, then tell your partner what the text under the heading was about.

Consolidation Activity

A cartoon illustration of a rural landscape. In the foreground, a stone wall made of grey stones runs across the bottom. To the left, a large, dark green tree with a brown trunk is partially visible. In the middle ground, a smaller, rounded tree with a brown trunk stands near a stone wall that curves across the field. The background features rolling green hills under a light blue sky. The overall style is simple and colorful.

Contents Pages



Contents pages in books use headings to help readers find what they are looking for. Sometimes they look like this . . .



Contents Pages



Imagine you had written a book about your school.

What would the title of this book be?

What would the contents page of this book say?

Contents Page

I know what headings and sub-headings are for

Contents pages in books use headings to help readers find what they are looking for. Look at the contents page in this book:

Contents	
Welcome to Our School	Page 2
How to Find Us	Page 5
What We Do	Page 7
How We Learn	Page 9
Where We Play	Page 11

Can you think of another title that might go in this book?

Page 13

Use these headings to help you draw the front cover of this book.

Contents Page

I know what headings and sub-headings are for

Contents pages in books use headings to help readers find what they are looking for. Imagine you had written a book about your school.

What would the contents page of this book say?

Complete the box below to identify which headings each of the pages might have. The first one has been done for you.

Contents	
Welcome to Our School	Page 2
_____	Page 5
_____	Page 7
_____	Page 9
_____	Page 11
_____	Page 13
_____	Page 15
_____	Page 17

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Work on your own to complete the Contents Page Activity Sheet.

