

Early Years Suggested Daily Learning Timetable



9.00 – 9.30am	<ul style="list-style-type: none"> • Daily Dashboard and Learning activity
9.30 – 11.30am	<ul style="list-style-type: none"> • Busy Learning time – both inside and outside
11.30-12.00	<ul style="list-style-type: none"> • Phonics
12.00-1.00pm	Lunch
1.00-1.30pm	<ul style="list-style-type: none"> • Maths
1.30-2.30pm	<ul style="list-style-type: none"> • Busy Learning time- both inside and outside
2.30pm – 3.00pm	Quiet reading time: share a variety of books from home with your child: non-fiction, fiction, comics, nursery rhymes, poems
	<p style="text-align: center;">Extra-Curricular Ideas: Cooking, sewing, singing, playing an instrument, Life skills</p> <p style="text-align: center;">Helping others: supporting/learning about simple chores at home. Family rota of jobs and responsibilities</p> <p style="text-align: center;">Learn to: pump up the tyres on a bike, recognise coins, get dressed without support</p> <p style="text-align: center;">Design your goals: what do you want to be when you are grown up? How will you get there and what do you need?</p> <p style="text-align: center;">Write a daily diary of events during this unique time which will go down in history.</p> <p style="text-align: center;">Leave activities ready to pick up and continue the next day.</p>

Active sessions: take a walk, games in the garden, jogging on the spot, star jumps, bat and ball, run up and down the garden X times (depending on age), traditional games: skipping, counting rhymes, ball games.

Invent your own!

Ensure you are not sitting down for long periods of time and if your child is finding it difficult to concentrate come back to it later.

Learning through song and actions brings the learning to life!

Good luck!